

COURTHOUSE NEWS

Speeding:

Callie Ann Hanlon, Jolley; Benjamin Nathaniel Nuckolls, Early; Natalie Kay Schulz, Humboldt; Curtis Lee Johnson, Manson; Kenneth Robert Hach, II, Alta; Trent William Pingel, Pella; Pamela Schulte, Lytton; Kendra Kaye Miller, Fonda.

Fail To Display Registration Plate:

Callie Ann Hanlon, Jolley. **Magistrate/District Court Judgments:** State of Iowa vs Jamaica Mallett, Chicago, IL, Speeding, \$373.88

State of Iowa vs Ali J. Kroeker, Milligan, NE, No valid driver's license, \$465.00.

State of Iowa vs Alicia Jean Dorine Porter, Rockwell City, Unsafe approach to certain stationary vehicle, \$270.00.

State of Iowa vs Randa Sue Pedersen, 4th degree theft, \$315.00 suspended fine, 90 days suspended jail sentence, 1 year probation, \$565.81 restitution to Casey's General Stores, Inc., \$125.00 law enforcement initiative surcharge, & \$177.51 court costs.

Civil Court Judgments:

U.S.D.A. vs Jill Laree Junkman, Judgment in rem for \$79,546.07, court costs, accruing costs, all advances, & all advances paid by the Plaintiff.

Bank of America, NA vs Courtni A. McLaughlin, \$5,524.00 judgment with interest at the rate of 4.68% from 12/18/18, & court costs.

LVNV Funding, LLC vs Thomas Steinborn, \$739.71 judgment with interest at the rate of 4.68% from 12/18/18, & court costs.

Midland Funding, LLC vs Michael Best, \$742.09 judgment with interest at the rate of 4.68% from 12/18/18, & court costs.

Hauge Associates, Inc. vs Dylan Brandon Navarro, \$818.93 judgment with interest at the rate of 4.68% from 12/19/18, & court costs.

Court Officer Deed:

Margaret L. Clark Estate &

Janice Eilders, Executor to Janice Eilders, S1/2 NW1/4 Section 17-86-32. No Rev.

Margaret L. Clark Estate & Janice Eilders, Executor to Ronald D. Clark, OL 3 & 4 Ex. 7.14 Ac. Tr., Section 10-86-33; & NW1/4 NE1/4 Section 10-86-33. No Rev.

Quit Claim Deed:

Dale E. Gentry & Lynne R. Gentry to Damon Lynn Gentry, E. 18' Lt. 9, Lt. 10, & Lt. 11 Ex. RR, Blk. 3, Original Town, Rockwell City. No Rev.

Real Estate Contract:

Martin Robert Rath to Sarah Lemmon, S1/2 NE1/4 Blk. 16 & NE1/4 Ex. S. 66' Blk. 16, Sifford's 2nd Addn., Lake City.

Tax Sales Deed:

Railroad Properties, LLC & Managing Green, LLC to Kenneth D. Monroe & Colleen A. Monroe, 100' Tr. of Abandoned RR ROW, NE1/4 SE1/4 Section 34-89-33; & Tr. W. Lt. 9, Blk. 1, Original Town, Jolley. No Rev.

Trustee's Deed:

Richard D. Insko, Trustee, Richard D. Insko Rev. Trust Agreement, & Richard D. Insko Rev. Trust to Robert A. Lowry & Julie D. Lowry, 162' x 70' Tr., NW1/4 Section 10-88-31 & Easement for Egress & Ingress. Rev. \$12.00.

Mary Jane Alpers Trust, Mary J. Alpers Living Trust, & Kaye L. Becker, Trustee to Mike Folsom & Gail Folsom, Lt. 17 & Tr. Lt. 16, Warner Sub., Rockwell City. Rev. \$24.00.

Special Warranty Deed:

Linden Grove Investments, Inc. to Oak Tree Properties, LLC, 170' x 80' Tr. OL 26, SW1/4 Section 17-89-31. No Rev.

Warranty Deed:

James C. Comstock & Barbara A. Comstock to James C. Comstock & Barbara A. Comstock, W1/2 NW1/4 Section 06-86-33; & 24 Ac. Tr.-1021' x 1023 3/4' Tr., SW1/4 Section 06-86-33 No Rev.

Duane H. Miller to Duane H. Miller Family Farms, LLC, W1/2 SW1/4 Ex. Parcel A-3.65

Ac. Tr., Section 05-86-31.

Frederick L. Ramthun & Christy J. Ramthun to Frederick L. Ramthun & Christy J. Ramthun, N1/2 NW1/4 Ex. 306.9' x 237.6' Tr., Section 26-88-32; Pt. W1/2 Lying N. of RR ROW, Section 28-88-32; & 306.9' x 237.6' Tr., N1/2 NW1/4 Section 26-88-32. No Rev.

Sharon A. Stauter & Lorán T. Stauter to Sharon A. Stauter Life Estate, Lorán T. Stauter Life Estate, Troy T. Stauter, Melissa A. Stauter, & Kyle J. Stauter, 40 Ac. Tr., S1/2 SW1/4 Section 01-89-34. No Rev.

Rae A. Miller & James A. Miller to James A. Miller Rev. Trust & James A. Miller, Trustee, N1/2 NW1/4 Section 08-89-34; W1/2 SE1/4 Section 08-89-34; Pt., N1/2 SW1/4 Section 08-89-34; & Pt., S1/2 SW1/4 Section 08-89-34. No Rev.

Eric D. Wedemeyer, Tara J. Simpson, & Tara J. Wedemeyer to Matthew O. Bednarik & Cassandra J. Bednarik, 2.5 Ac. Tr.-342.5' x 318' Tr., NE1/4 SE1/4 Section 31-88-33. Rev. \$295.20.

Mike Folsom & Gail Folsom to Dianna L. Renzo, Lt. 17 & Tr. Lt. 16, Warner Sub., Rockwell City. Rev. \$266.40.

Trent Lynn Blair & Dee Ann Blair to Tandy Gulbranson & Kyle Gulbranson, 2.46 Ac. Tr.-382' x 280'-Parcel A, W1/2 SW1/4 Section 33-87-33. Rev. \$319.20.

Robert Roby, Vicki Roby, Michael Roby, Steven Roby, Logan M. Stone, & Aspen J. Stone to Lyndie Paul Sedlacek, 82' x 66' Tr., N1/2 NE1/4 SE1/4 NW1/4 Section 36-88-33. Rev. \$39.20.

Karen Sue Seehusen & David L. Seehusen to Jason Schwart, 15.99 Ac. Tr.-Parcel B, N1/2 SW1/4 Section 17-89-32. No Rev.

Robert J. Beneke & Jacqueline N. Markert Beneke to Blaycee Riggert, Lt. 13, Blk. 12, 2nd Addn., Manson. Rev. \$135.20.

Mortgage:

Bernard Benjamin Fred Rost & Kim Ilene Rost to Heartland Bank, 100' x 127' Tr., NE1/4

NE1/4 Section 18-89-31.

Alan M. Schwering, Allison Trott, & Tammy Schwering to Citizens Community Credit Union, S. 60' Lts. 2 & 3, Blk. 27, Rockwell & Hubbell Addn., Rockwell City.

Colin Cass Corey to Colin Cass Corey & U.S. Department of Agriculture, N1/2 SE1/4 Section 33-88-34.

Lorie A. Gerdes to United Bank of Iowa, 3.06 Ac. Tr.-Lt. A, SW1/4 NW1/4 Section 11-89-33.

Matthew O. Bednarik & Cassandra J. Bednarik to Home State Bank, 2.5 Ac. Tr.-342.5' x 318' Tr., NE1/4 SE1/4 Section 31-88-33.

Tandy Gulbranson & Kyle Gulbranson to Availa Bank, 2.46 Ac. Tr.-382' x 280'-Parcel A, W1/2 SW1/4 Section 33-87-33.

Lyndie Paul Sedlacek to United Bank of Iowa, 82' x 66' Tr., N1/2 NE1/4 SE1/4 NW1/4 Section 36-88-33.

Blaycee Riggert to United Bank of Iowa, Lt. 13, Blk. 12, 2nd Addn., Manson.

Mortgage Release:

United Bank of Iowa to Aaron Ramthun & Jodi A. Krefit, 5.79 Ac. Tr.-830' x 304', SW1/4 SW1/4 Section 29-86-33.

United Bank of Iowa to Joshua E. Asmus & Jessica M. Asmus, Lt. 2, Blk. 28, Original Town, Lake City.

United Bank of Iowa to Colin Cass Corey, N1/2 SE1/4 Section 33-88-34.

Fort Dodge Family Credit Union to Dean Wirtz & Judy M. Schrad, Lt. A, SW1/4 NE1/4 Section 07-86-33.

United Bank of Iowa to Steven M. Jones, Jr. & Kari L. Jones, Lt. 6, Blk. 18, J. M. Rockwell Addn., Rockwell City.

United Bank of Iowa & American National Bank to Scott Halvorsen, Tr., SE1/4 NW1/4 Section 18-86-33; & OL 10, Carskaddon Addn., Lake City.

United Bank of Iowa to Charles Robert Bettin & Linda June Bettin, Lt. 5, Blk. 8, Ori-

nal Town, Pomeroy.

Citizens Community Credit Union to Alan M. Schwering & Tammy Trott Schwering, S. 60' Lts. 2 & 3, Blk. 27, Rockwell & Hubbell Addn., Rockwell City.

Iowa Savings Bank to Randy Bartels & Nicole Bartels, Lt. 14 Ex. E. 5', Blk. 20, J.M. Rockwell Addn., Rockwell City.

Farm Credit Services of America to Ruth Kea Blair, Ruth Kae Blair, Harry James Blair, Toni J. Osburn, Toni Jo Osburn Fry, & Billy E. Fry, Tr. NW1/4 Ex. 12 Ac. Tr., Section 20-86-33.

United Bank of Iowa to Rodney Alan Conner, Lt. 5, Blk. 22, Original Town, Lake City.

Citizens First National Bank to Thomas Hanson, 153.14 Ac. Tr., N1/2 Section 36-87-31.

Affidavit:

Linden Grove Investments, Inc. & Mike Klemme, President to Linden Grove Investments, Inc. & Carolyn J. Poppen, 170' x 80' Tr. OL 26, SW1/4 Section 17-89-31. (2)

Richard D. Insko, Trustee to Richard D. Insko Rev. Trust Agreement, Richard D. Insko Rev. Trust, & Dale E. Insko, 162' x 70' Tr., NW1/4 Section 10-88-31 & Easement for Egress & Ingress.

Robert A. Lowry to Richard D. Insko, Trustee, Richard D. Insko Rev. Trust Agreement, & Richard D. Insko Rev. Trust, 162' x 70' Tr., NW1/4 Section 10-88-31 & Easement for Egress & Ingress.

Renee Herring & Renee Cummins to Danielle Crystal Marczyk, Danielle Crystal Martin, Melanie Amber Marczyk, Edward Grodon, III, Wendy Karlin Estate, & Wendy Gordon Estate, NE1/4 Section 06-86-31.

Boxwood Farms, LLC & M Holdings, LLC to Grena A. Taylor Rev. Trust & Glen A. Taylor, Trustee, 0.58 Ac. Tr.-Parcel C, NW1/4 Section 23-89-34.

Kaye L. Becker, Trustee to Mary J. Alpers Trust, Mary J. Alpers Living Trust, Mary J. Alpers, & Morley J. Alpers, Lt.

17 & Tr. Lt. 16, Warner Sub., Rockwell City.

Mike Folsom to Kaye L. Becker, Trustee, Mary J. Alpers Trust, & Mary J. Alpers Living Trust, Lt. 17 & Tr. Lt. 16, Warner Sub., Rockwell City.

Renee Herring, Renee Cummins, & Carol Karlin Life Estate to Stephanie Ruocco, Stephanie Karlin, Renee Herring, Renee Cummins, Teresa Karlin, Therese Karlin, Danielle Crystal Marczyk, Danielle Crystal Martin, Melanie Amber Marczyk, Edward Grodon, III, Mark Paneitz, Carmen Murray, & Carmen Paneitz, Pt., NE1/4 Section 06-86-31.

Agreement:

United Bank of Iowa to Colin Cass Corey, & U.S. Department of Agriculture, N1/2 SE1/4 Section 33-88-34.

Continuation Of Financing Statement:

Manson Retirement Center, Inc. to Secretary of Housing and Urban Development, Lts. 16, 18, & Pt. Lt. 20, Blk. 5, Willey's 1st Addn., Manson.

Financing Statement:

Rudy Joseph Kopecky & Jeannine Ann Kopecky to Commodity Credit Corp., SE1/4 NE1/4 Section 04-86-31.

Easement:

Zierke Farms, LLC to Mid-American Energy Co., NW1/4 Ex. 2 Ac. Tr., Section 22-88-31.

Miscellaneous:

Sabrina Stone to Logan Stone, 82' x 66' Tr., N1/2 NE1/4 SE1/4 NW1/4 Section 36-88-33.

Commodity Credit Corp. to Rudy Joseph Kopecky & Jeannine Ann Kopecky, SE1/4 NE1/4 Section 04-86-31.

Plat Of Survey:

J. Scott Shevel & I & S Group to David Daniel & Scott Gorden, 0.33 Ac. Tr., W1/2 NE1/4 Section 18-86-33.

J. Scott Shevel & I & S Group to David Daniel & Daniel Construction, LLC, 0.33 Ac. Tr., W1/2 NE1/4 Section 18-86-33.

CENTRAL SCHOOL REMEMBERS

**December, 1887
131 years ago**

December 3, 1887: On the morning following Thanks-giving day Mr. Benjamin Scroggins and Mr. Jas. Fleece started southeast of town with each a team and wagon to haul home corn from the field belonging to the latter. They proceeded eastward about three miles, Mr. Scroggins driving the lead, to the crossing of the railroad track at Mr. Wick's farm. Mr. Scroggins was looking eastward and failed to notice the locomotive approaching from the west, and drove the team upon the track and the pilot center of the engine struck the front wagon wheel at the hub. The result was terrible. Mr. Scroggins was thrown quite a distance and badly bruised about the left side of his head and his right leg was badly smashed at the ankle. He was rendered unconscious, in which condition he was loaded upon the caboose, brought back to town, and taken to the home of his brother-in-law, Mr. D. H. Parker. Mr. Scroggins lumber wagon was knocked into

kindling wood. He was and remained unconscious and in critical condition. Mr. Scroggins is one of our very best moral and upright young men.

Note: As of the LCG December 10th, Mr. Scroggins was still unresponsive and was not expected to regain his prior self.

Dr. McVay, of Lake City, was elected state senator by a handsome majority.

A SERIOUSLY FUNNY INCIDENT: Little Doc Sandy, aged ten years and young Edward Wattonvyl, aged eleven years, whose homes are about seven miles southeast of Lake City were given permission to go over to Mr. S. M Trotter's house a mile and a quarter distant, upon an errand connected with the district school, last Tuesday afternoon. Not returning that evening, their folks thought they were staying at the neighbors all night. Not so, the little fellows had started home across the prairie, but it was so foggy they lost their way, and, knowing they were lost, they made themselves a bed of tumble weeds, in which they spent the night. They were with-

out overcoats or comforters, and it had been a very severe night they must have suffered. As it was, they kept warm by exercising when they'd get chilly. They arrived at the Sandy homestead the next morning about 7 minutes after 6 o'clock, all right; and said they didn't cry any nor get frightened, but just camped out till morning.

BRICK AND TILE OUTFIT: Mr. W. H. Walker, from near Ames, arrived by rail last week, with his family and a full outfit of machinery for the manufacture of brick and tile. Mr. Walker has been the maker of most of the brick and tile used on the State Agriculture farm in Ames for years past, which in itself a good recommendation for him. He will make his future home in Lake City. The prospect is that too many brick cannot be made in this town for several years to come. So hail, everybody, come to Lake City and bring your money, machinery and muscle. We have a boom, gentlemen!! A boom that will stay with us.

A HARD WRESTLE WITH FIRE. Lohrville: About half past

nine o'clock last week Wednesday evening, fire was discovered in the Hoag building by F. A. Becker. It is occupied by Geo. Knipp as a meat market. Knipp was at supper and the door was locked. Entrance was made by breaking in the front, and by vigorous use of fire extinguishers and water, the fire was finally conquered. This was a very close call and Lohrville has good reason to be thankful.

However, there were incidents: F. A. Becker was knocked senseless by a bucket thrown from the roof striking him on the head....W. S. Stevens is too muscular to be effective in the use of hand grenades. The one he threw cleared the building by ten feet and barely missed the head of a man in the next block (A fire hang grenade was a glass sphere about the size of a soft ball full of fire retardant fluid. Instructions were to throw at the base of the fire). An impromptu fireman gave one of the prominent citizens the benefit of a full bucket of water, mistaking his nose for a fresh outbreak....

The Coming Wolf Hunt: On

next week Friday morning a thirty six mile circle will be drawn by several hundred men well-armed, who will march toward the center of the circle. The hunt last week was participated in by one hundred and sixty men. The game killed consisted of one hawk, six rabbits, four chickens and one wolf killed by Geo. Lochner with the worst old gun in the state.

Lake City Markets, December 1, 1887: corn .28c; wheat .55c; flaxseed .68c; muskrats .10c; hogs \$1.50@\$4.75; cattle \$2.50@\$4.00.

Superstitions About Babies;

**MINUTES
Board of Supervisors**

**BOARD OF SUPERVISORS
CALHOUN COUNTY COURTHOUSE
ROCKWELL CITY, IOWA
TUESDAY, DECEMBER 18, 2018**

The Board of Supervisors of Calhoun County met with the following members present: Legore, Cooper and Jacobs.

Agenda additions: None

It was moved by Jacobs and seconded by Cooper to approve the agenda as is with no amendment. Ayes all. Motion carried.

The minutes of the last meeting were read. It was moved by Cooper and seconded by Legore to approve the minutes. Ayes all. Motion carried.

Public Comments: none.

Zac Andersen, Engineer, met with the Board to provide updates on Secondary Roads projects. Also present: BJ Muselman, Maintenance Superintendent, and Mike Moeller, Assistant to Engineer, Safety Officer/Zoning and Flood Plain Administrator.

Curtis Vanderheiden, Conservation Director and Weed Commissioner, presented Conservation and Weed Commission- er updates.

It was moved by Cooper and seconded by Jacobs to approve the 2019 Weed Resolution for publication. Ayes all. Motion carried.

It was moved by Cooper and seconded by Jacobs to approve the 2018 Weed Commissioners report and to appoint Curtis Vanderheiden as 2019 Weed Commissioner with paperwork to be submitted to the Iowa Department of Agriculture and Land Stewardship (IDALS). Ayes all. Motion carried.

It was moved by Cooper and seconded by Jacobs to appoint Eileen Miller to the Conservation Board beginning January 23, 2019, for a term of five years. Ayes all. Motion carried.

Brian Blomme, ISG Group, presented updates on the DD203 completion report. Also present: Leah Henkelman, Drainage Clerk/Data Processing; Bethany Brittenham, ISG Group; and Curtis Vanderheiden, Conservation Director.

It was moved by Jacobs and seconded by Cooper to tentatively accept the engineer's completion report for DD203, to approve Drainage Attorney David Wollen-zien to move forward with legal notices to land owners, and to set the DD203 Completion Hearing date for Tuesday, January 15, 2019, at 10:00 AM. Ayes all. Motion

carried. Brian Blomme, ISG Group, presented updates on the DD107 substantial completion report. It was moved by Cooper and seconded by Jacobs to approve the engineer's certificate of substantial completion and to prepare pay application to hold 5% retainage of contract and withhold cost of seeding until work is completed in spring 2019. Ayes all. Motion carried. Brian Blomme also presented a possible opportunity for the county to participate in an IDALS Nutrient Reduction strategy for DD46 if funding becomes available. Board would be interested in participating as more information becomes available. Hillaree and Kelly Meyer, Calhoun County Exposition, presented the FY 2019/20 budget request. It was moved by Jacobs and seconded by Cooper to approve Calhoun County acting as a fiscal agent for the Calhoun County Exposition. Ayes all. Motion carried. Scott Anderson, Sheriff, presented Sheriff's Department updates. It was moved by Cooper and seconded by Jacobs to approve a pay increase for James Hepp, part-time dispatcher, to \$20.76/hour upon his successful completion of certification. Ayes all. Motion carried. Kristi Johnson, Human Resources Director, presented the HR 2019/20 budget and 2018 HR updates. Jill Heisterkamp, Historic Preservation Director, presented the Historic Preservation 2019/20 budget. Michele Deluhery, Lake City Library Director, presented the FY 2019/20 County Library Budgets. Also present: Heather Peck, Somers Library; Denise Pohl, Rockwell City Library; Shannon Potts, Lytton Library; Keziah Cline, Lohrville Library Director; Lori Miller, Farnhamville Library; Laura Koons, Manson Library; and Heather Peck, Somers Library; and Jill Heisterkamp, Calhoun County Economic Development.

It was moved by Cooper and seconded by Jacobs to adjourn until Wednesday, December 26, 2018 at 9:00 a.m. for their next regular board meeting. Ayes all. Motion carried.

Carl Legore, Chairman
Scott Jacobs, Vice Chairman
Mike Cooper, Member
Kristi Johnson, Deputy Auditor

Tips to achieve New Year's resolutions

Every year, people in Iowa make New Year's resolutions, especially to improve their health and wealth. In fact, more than one-third (35 percent) of Americans plan to make health-related New Year's resolutions this year, while a nearly equal number (34 percent) have vowed to improve their financial well-being, according to a new UnitedHealthcare survey.

What are the most common resolutions for 2019? Among people making health resolutions, 34 percent are planning to exercise more, 17 percent intend to eat a healthier diet and 15 percent hope to lose weight. When it comes to financial health, the most common resolutions include saving more (36 percent), paying off debt (20 percent) and increasing income (18 percent).

With that in mind, here are four tips to consider to help encourage a healthier lifestyle for 2019:

Leverage Technology
If you received a new gadget as a holiday gift, there are

ways to use that technology to help achieve your resolutions. In fact, the UnitedHealthcare survey found that 53 percent of people making health resolutions plan to use technology to help achieve their goals, including a smartphone app (34 percent), activity tracker (27 percent) or virtual visit with a health care provider (10 percent). Technology can also help people more effectively navigate the health system: online resources now provide quality and cost information for health care providers and treatments in your local area, while some mobile apps can help people evaluate different care settings based on their symptoms, ranging from a virtual visit, primary care, urgent care or the ER.

Walk to Help Improve Health
If walking is how you plan to improve your fitness, there are some strategies to help make your workout more effective. Think FIT, which stands for frequency (500 steps within seven minutes six times per day), in-

tensity (3,000 steps within 30 minutes each day) and tenacity (at least 10,000 total steps per day). If those targets seem daunting, remember to start slowly and build up over time. For added motivation, some employer-sponsored programs provide financial incentives by meeting walking goals.

Check Available Resources
Many employers (86 percent) offer wellness programs, with the average financial incentive exceeding \$780 per year per employee, according to a recent survey. To determine if that applies to you, check with your health plan or employer to see what resources and incentives may be available, including telephonic wellness coaching, gym membership reimbursements, and smoking cessation. You might also have access to various health screenings – such as blood pressure, cholesterol and depression – and timely vaccines, such as the flu shot. Doing so may help you get or stay healthy.

Help Improve Your Oral and Vision Health

With growing evidence of a link between oral and vision health to overall health, as well as to an array of chronic medical conditions, it is important to take care of your teeth and eyes. In fact, 45 percent of Americans say improving their oral health ranks among their resolutions, including visiting the dentist once per year (12 percent), eating less sugary foods/candy (12 percent), and flossing at least once a day (11 percent). For people with certain chronic conditions, maintaining or improving oral health is especially important, while comprehensive eye exams can detect many diseases such as diabetes, hypertension and some types of cancer.

The New Year often brings optimism; however, for some Iowa residents resolutions can end in failure. Following these tips may help you achieve your resolutions and help you maintain your health for years to come.